

## **Don't Buy The Lie About Getting High**

**Lie # 1... I'm Only Hurting Myself**

**Truth - Everyone around the addict feels the pain of addiction**

**Lie # 2.. I Don't Fit It, Nobody Loves Me**

**Truth - You do fit into this world and many people love you just as you are**

**Lie #3... Addicts Are Weak People**

**Truth - Addicts are sick people. Addiction is disease not a moral choice**

**Lie #4... I would never do THAT!**

**Truth - Keep using drugs and you will eventually do everything to get more**

**Lie # 5... I'm young with time to make mistakes**

**Truth - You don't often get a second chance. It only takes one time for HIV or overdose**

**Lie # 6... Alcohol & Pot won't hurt you**

**Truth - They lead to other drugs. Ask any addict what drugs THEY started with**

**Lie # 7... Everybody's doing it**

**Truth - No they are not. A large percentage of youth today NEVER try drugs**

**Lie # 8...I won't get hurt or go to jail**

**Truth - Eventually it will catch up to you. You do the crime you'll do the time**

**Lie # 9... I can stop anytime I want**

**Truth - Once drugs have a hold on you it is very hard to get out**

**Lie # 10... Drugs are cool, exciting & romantic**

**Truth - What is cool about suicide, homelessness, crime, violence, prostitution & HIV**

**Lie # 11... I'm in too deep to stop**

**Truth - Its never too late to seek help. There's hope when you give up dope**