

SHOEBOOGIEMAN.COM

Pop Quiz

Answer the following questions as honestly as possible

Score yourself 1 point for every YES

Score yourself 0 points for every NO

1. Do you feel different to other people? Yes No
2. Have you ever skipped school to get high? Yes No
3. Have you ever come to school stoned? Yes No
4. Has your school performance suffered because of drugs? Yes No
5. Where you high during your first sexual experience? Yes No
6. Have you committed crime for drugs? Yes No
7. Have you ever been arrested? Yes No
8. Have you ever lied to your friends about your drug use? Yes No
9. Do most of your friends do drugs? Yes No
10. Does anyone in your family use drugs a lot? Yes No
11. Would you consider yourself a rebel? Yes No
12. Do you think its cool to get high? Yes No
13. Do these questions make you feel defensive? Yes No
14. Did you crack jokes throughout today's presentation? Yes No
15. Do you think this quiz is a joke? Yes No
16. Do you think you have a drug problem? Yes No

TOTALS: YES _____ NO _____

If you scored 5 or less - lower risk

If you scored 5-10 - higher risk

If you scored 10+ - you are in danger of becoming a statistic

SEEK HELP NOW

The Lies - The Truths

Lie # 1... I'm only hurting myself

Truth _____

Truth _____

Truth _____

Lie # 2.. I don't fit in - nobody loves me

Truth _____

Truth _____

Truth _____

Lie #3... Addicts are weak people

Truth _____

Truth _____

Truth _____

Lie #4... I would never do THAT!

Truth _____

Truth _____

Truth _____

Lie # 5... I'm young - I have time to make mistakes

Truth _____

Truth _____

Truth _____

Lie # 6... Alcohol & Pot won't hurt you

Truth _____

Truth _____

Truth _____

Lie # 7... Everybody's doing it

Truth _____

Truth _____

Truth _____

Lie # 8...I won't get hurt or go to jail

Truth _____
Truth _____
Truth _____

Lie # 9... I can stop anytime I want

Truth _____
Truth _____
Truth _____

Lie # 10... Drugs are cool, exciting & romantic

Truth _____
Truth _____
Truth _____

Lie # 11... I'm in too deep to stop

Truth _____
Truth _____
Truth _____

What goals can I set to help me succeed in life?

Short Term Goals

1. _____
2. _____

Mid Term Goals

1. _____
2. _____

Long Term Goals

1. _____
2. _____